

COMPREHENSIVE AND BRIEF INVENTORY OF THRIVING

Table 12

Item factor loadings and scale reliability for the Comprehensive Inventories of Thriving (CIT) by sample

Factor	Item	Group 1	Group 2	Group 3	Group 4	Group 5
Support	There are people I can depend on to help me	0.70	0.87	0.87	0.83	0.83
	There are people who give me support and encouragement	0.85	0.95	0.93	0.88	0.93
	There are people who appreciate me as a person	0.80	0.78	0.81	0.89	0.88
Community	I pitch in to help when my local community needs something done	0.63	0.68	0.59	0.72	0.76
	I invite my neighbors to my home	0.64	0.80	0.84	0.77	0.81
	I look for ways to help my neighbors when they are in need	0.95	0.78	0.78	0.83	0.80
Trust	I can trust people in my society	0.90	0.75	0.79	0.84	0.86
	People in my neighborhood can be trusted	0.72	0.76	0.86	0.80	0.81
	Most people I meet are honest	0.43	0.71	0.70	0.77	0.80
Respect	People respect me	0.76	0.78	0.77	0.79	0.82
	People are polite to me	0.80	0.85	0.87	0.74	0.81
	I am treated with the same amount of respect as others	0.63	0.85	0.79	0.83	0.84
Loneliness	I feel lonely	0.77	0.90	0.86	0.87	0.91
	I often feel left out	0.77	0.89	0.88	0.84	0.88
	There is no one I feel close to	0.69	0.68	0.69	0.69	0.72
Belonging	I feel a sense of belonging in my community	0.66	0.78	0.77	0.81	0.87
	I feel a sense of belonging in my state or province	1.00	0.99	0.96	0.84	0.89
	I feel a sense of belonging in my country	0.67	0.74	0.75	0.72	0.76

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COMPREHENSIVE AND BRIEF INVENTORY OF THRIVING

Table 8

Item factor loadings and scale reliability for the Comprehensive Inventories of Thriving (CIT) by sample (cont.)

Factor	Item	Group 1	Group 2	Group 3	Group 4	Group 5
Flow	I get fully absorbed in activities I do	0.63	0.70	0.66	0.64	0.68
	In most activities I do, I feel energized	0.77	0.79	0.80	0.79	0.86
	I get excited when I work on something	0.79	0.82	0.79	0.76	0.83
Skill	I use my skills a lot in my everyday life	0.82	0.90	0.83	0.92	0.90
	I frequently use my talents	0.91	0.79	0.89	0.89	0.93
	I get to do what I am good at every day	0.57	0.72	0.73	0.79	0.82
Learning	I learned something new yesterday	0.79	0.88	0.74	0.77	0.77
	Learning new things is important to me	0.65	0.63	0.65	0.55	0.69
	I always learn something every day	0.80	0.82	0.86	0.85	0.81
Lack of Control	Other people decide most of my life decisions	0.76	0.91	0.84	0.87	0.91
	The life choices I make are not really mine	0.86	0.85	0.87	0.88	0.89
	Other people decide what I can and cannot do	0.81	0.85	0.90	0.88	0.90
Accomplishment	I am achieving most of my goals	0.75	0.90	0.89	0.93	0.93
	I am fulfilling my ambitions	0.96	0.94	0.97	0.94	0.96
	I am on track to reach my dreams	0.82	0.91	0.86	0.89	0.89
Self-efficacy	I can succeed if I put my mind to it	0.73	0.77	0.78	0.77	0.81
	I am confident that I can deal with unexpected events	0.71	0.84	0.83	0.82	0.84
	I believe that I am capable in most things	0.78	0.77	0.82	0.84	0.87
Self-worth	What I do in life is valuable and worthwhile	0.64	0.79	0.78	0.83	0.85
	The things I do contribute to society	0.83	0.89	0.88	0.83	0.83
	The work I do is important for other people	0.83	0.84	0.79	0.81	0.82

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Table 8

Item factor loadings and scale reliability for the Comprehensive Inventories of Thriving (CIT) by sample (cont.)

Factor	Item	Group 1	Group 2	Group 3	Group 4	Group 5
Purpose	My life has a clear sense of purpose	0.85	0.82	0.82	0.90	0.92
	I have found a satisfactory meaning in life	0.89	0.98	0.94	0.91	0.92
	I know what gives meaning to my life	0.76	0.76	0.77	0.86	0.83
Optimism	I am optimistic about my future	0.69	0.79	0.77	0.88	0.86
	I have a positive outlook on life	0.89	0.90	0.89	0.94	0.94
	I expect more good things in my life than bad	0.60	0.87	0.85	0.86	0.86
LS	In most ways my life is close to my ideal	0.81	0.84	0.79	0.85	0.84
	I am satisfied with my life	0.89	0.92	0.95	0.92	0.94
	My life is going well	0.75	0.91	0.88	0.91	0.91
Positive	I feel positive most of the time	0.87	0.87	0.85	0.92	0.92
	I feel happy most of the time	0.95	0.93	0.94	0.94	0.95
	I feel good most of the time	0.90	0.86	0.89	0.93	0.92
Negative	I feel negative most of the time	0.87	0.93	0.87	0.94	0.92
	I experience unhappy feelings most of the time	0.95	0.96	0.94	0.95	0.95
	I feel bad most of the time	0.95	0.92	0.91	0.94	0.95

Note. Model fit: $\chi^2 = 4040.600$, $df = 1224$, $p < .01$; CFI = .95, TLI = .94, RMSEA = .046, SRMR = .033 (Group 5).